### Trip to Middle East & India ASSP Membership Development & Promotion Jan.24-Mar.7, 2019

Health, Safety & Environment
- Spread Amongst ALL Fellow Beings!

### Jitu C. Patel, CPEA Jitubhai



March 19, 2019

**Indian Seniors Association of AZ** 

### Jitu's Trip Jan. 24 - March 7, 2019

- Jan. 24 Depart Phoenix to Bahrain
- Jan. 27 & 28 Conducted a 2-day WS on Conducting Effective Fire & Safety Inspections/Audits ASSP MEC in Bahrain
- Jan. 28 Attended an Opening Ceremony for a 3-day MEC Conference in Bahrain
- Jan. 29-31 Participated in a 3-day conference as a speaker and PDC OC Adviser.
- Jan. 31 Attended an MEC Ex Board meeting

- Feb. 1 Departed Bahrain for Dubai
- Feb. 3 Meeing with Dr Sunil, President, ASSP UAE Chapter
- Feb. 4 Addressed India Business Forum
   Effective Leadership
- Feb. 4 Depart Dubai for India
- Feb. 5 Arrived in Ahmedabad to Vadoara
- Feb. 6 Bharuch District Management Association – High Impact of EHS Leadership
- Feb. 7 Visit to Sustainable EHS

- Feb. 7 Ahmedabad to Pune
- Feb. 8 ASSP M-C Safety Summit as a speaker
- Feb. 8 Late night flight to AHD and taxi to Vadodara
- Feb. 10 ASSP G-C GOH at Launching Ceremony
- Feb. 11 Early AM flight to HYD
- Feb. 11 IASM as a Speaker
- Feb. 11 Met with Mr Prasad, President ASSP T-C and visited his corporation
- Feb. 12 Presentation to ASSP NICMAR
   Student Chapter

- Feb. 12 TATA Stride Road Safety & Effective EHS Leadership
- Feb. 13 To Delhi ASSP Safety India PDC 14<sup>th</sup> & 15<sup>th</sup> present DL Shah Trust national Awards
- Feb. 16 BCSP WS
- Feb. 16 Last flight to Vadodara
- Feb. 19 Visit to Fire Protection, Safety & Security consulting, training & equipment suppliers
- Feb. 20 Bopal and visit to PEARL Foundation
- Feb.23 Karamsad & Anand

- Feb. 25 Dahej Reliance Industries High Impact EHS Leadership
- Feb. 27 Visit to Parikh Associates Testing & Approval Center
- Feb. 28 Halol ASSP G-C 1<sup>st</sup> Technical Meeting speaker at CEAT
- March 4 Schnider Electrical

"On this Day, I solemnly affirm that I will rededicate myself to the cause of safety, health and protection of environment and will do my best to observe rules, regulations and procedures and develop attitudes and habits conducive for achieving these objectives.

I fully realise that accidents and diseases are a drain on the national economy and may lead to disablements deaths, harm to health and damage to property, social suffering and general degradation of environment.

I will do everything possible for the prevention of accidents and occupational diseases and protection of environment in the interest of self, family, community, organisation and the nation at large."

#### सुरक्षा एवं स्वास्थ्य के प्रति प्रतिज्ञा

"आज के दिन, मैं सत्यनिष्ठापूर्वक प्रतिझा करता हूँ कि मैं पुन: अपने आपको सुरक्षा, स्वास्थ्य तथा पर्यावरण के बचाव के प्रति समर्पित करूंगा और नियमा, विनियमां तथा कार्यविधियां के पालन हेतु यथाशक्ति प्रयत्न करूंगा और निश्चित रूप से इन लक्ष्यों को प्राप्त करने के लिये प्रेरणादायक अभिवृत्तियां तथा आदतों का विकास करूंगा।

मेरी यह पूर्णरूप से मान्यता है कि दुर्घटनाएँ तथा बिमारियाँ राष्ट्रीय अर्थव्यवस्था को दुर्बल बनाती है तथा यह विकलांगता, मृत्यु, स्वास्थ्य के लिये हानिकारक एवं सम्पत्ति की क्षति, सामाजिक कष्ट तथा पर्यावरण के अपकृष्ट का कारण बनती है ।

मैं स्वयं अपने, परिवार, संगठना, समाज एवं राष्ट्र के हित में इन दुर्घटनाओं, व्यावसायिक बिमारियों की रोकथाम तथा पर्यावरण के बचाव के लिये हर संभव प्रयत्न करूंगा ।"

#### NATIONAL SAFETY COUNCIL

राष्ट्रीय सरक्षा परिषद

### **Topics & Issues Addressed**

- What is Leadership
- What happens with poor or lack of Effective Leadership
- Culture-based Disasters having Lesson Learning Potential
- Nandisari (solvents), Dahej (Br2), Jaipur (IOC) incidents
- Minor mistakes, Short-cuts,
- Ergonomics (in addition to pains, costs \$billions...
- Meeting or Beating the Set Schedules (quality & safety suffer
- Importance of Housekeeping in Industries
- Distracted Driving
- Near-Misses
- S.A.F.E. Checks
- Importance of continued education & training

Technical topics of relevance and applicability on case by case demands for Oil & Gas, Construction mega-projects, Pharma, Chemicals, Electricals & Electronics, HiTech and Global EHS Regulatory Standards Why I do, What I do in India? One of many reasons...
1.5m Doctors deal daily with the highest disease burden in the world:
▶ 18% deaths globally are in India

>20% of disabilities globally are in India

40m patients visit doctors each day

- 20m/day respiratory problems
- 10m/day for GI problems
- 5m/day for Hypertension in the Cities
- Large # of patients simply suffer at home and do not visit the doctors...

### TRIP TO AHMEDABAD

# **Confederation of Indian Industries - President**



### **Pearl Special Needs Foundation**



#### YOU HAVE TO SEE THIS TO BELIEVE IT!

WHILST WE ARE TOO BUSY MAKING AN **ISSUE OF A NON-ISSUE, THESE PRETTY, SMART, EDUCATED PhD YOUNG LADIES WHO HAVE HIGH POTENTIAL TO EARN SUBSTANTIAL AMOUNTS OF MONIES, ARE DEVOTING THEIR PRECIOUS LIVES TO THIS VERY HUMBLE AND NOBLE CAUSE!** 

#### Kids with varied challenges or special educational needs like Autism, Specific Learning Disability, Social Emotional Behavior Disorder, Down Syndrome, Hearing Impaired, and Intellectually Challenged



### HATS OFF The Managing Trustees – PEARL Three lovely ladies!



### Affectionate Appreciation – Global Recognition!

















### **Amazing Rickshaw Drivers**











### College of Fire Safety Institute Director & Principal



### **Much Room for Lab. Improvement**



### Much Room for Lab. Improvement



### Much Room for Lab. Improvement



# Bharuch Bharuch District Management Association

District Management Association), Bharuch on 6th February 2019. Your talk on Topic "High Impact Leadership in EHS Profession" has really motivated all the EHS Professionals present on that particular day. Your personal life, your commitment, dedication, Confidence, Knowledge, learning attitude, Passion towards Environment, Health & Safety, love towards people & Nature and many more of your dominating qualities taught us a lot on how to shape our life towards a great Success and happiness. All our EHS Professionals in this Bharuch region have expressed their high gratitude to you for your gracious presence at our BDMA office. Your splendid speech on EHS made the event a grand success.

Bharuch District is one of the largest Industrial Area of our Country and very often it is referred to as the **Growth Engine of India**. Rapid industrialization in and around Bharuch has created a need of competent EHS leadership in this area. Your visit to Gujarat (India) and introduction of American Society of Safety Professional (ASSP) in the state has created a real vibes in EHS, which ultimately resulted into the Formation of ASSP Gujarat Chapter. This is the Globalization of EHS knowledge and practices. We can now connect with the Global EHS Community like ASSP to exchange our learning on the World class EHS Systems and industrial practices.

I would like to thank you Sir on my behalf as well as on behalf of BDMA and the Bharuch EHS Community for sparing your valuable time for us and hope to receive your kind blessings always.

Thanks & regards

Sanjeev Verma Chairman, EHS Forum Bharuch District Management Association (BDMA), Bharuch



## <u>Management of Change –</u> <u>Doing Right, Every Time</u>

- What makes one an effective Safety
   Practitioner?
- Exercise best industry practices with strong Self-confidence and competency!

As safety professionals, we have to make some hard choices and champion some unpopular positions. We passionately must stand up for what we believe, and that we equally as passionately should grow our skills to better articulate the business case for safety. "Safety is Good Business and managing operations safely is simply the right thing to do", :

- Management Training for EHS Professionals As you make right in our organization the segmentation to be reasoned and other sector gives when it's the prevention for management state. The will read
- By determine the property and representations that he areas presented months and stations or determine the or personal service develops of an input to achieve mana observers estament expectations, designed in lange constants and measure out on an internet decay in a manager -
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- Time management and ubication. -
- · Obtaining and frances prevering to results
- Professional effects and legal issues of management
- Eholiding (115) management systems -- The mana
  - starts you sent, will make you a more effective etc. developing your prohownes in influencing they fined well affere your to beaut others. It

*internet* 

#### Leadership Skills for Environmental Health and Safety Professionals

Generating and sustaining long-term change in an organization requires moving beyond management to leadership. Unlike managers, leaders are not limited by the scope of their formal authority. They influence and guide others across traditional organizational boundaries, build relationships, and overcome organization-wide challenges to increasing productivity and value.

This course covers both functional leadership, a form of leadership focused on effectiveness and cohesion, and transformational leadership which is focused on creating and sustaining change. Both types of leadership are required in today's complex business environment.

This leadership development course will help you work smarter, make strategic contributions to your organization, and gain increased respect, rewards, and recognition.







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Hoppy Home

THE POWER OF YOUR SUBCONSCIOUS

## Dahej Guest of Honor & Keynote Reliance Industries Ltd







- Respected Shri Jitubhai Patel Sir,
- •
- Greetings !!
- Trust this communication finds you in the best of spirit and health.
- •
- It was indeed a great pleasure and grace to have invited you at Reliance Manufacturing Unit, at Dahej, Gujarat - INDIA on 25th Feb.2019. RIL was privileged to introduce you at the engagement session with our technical team.
- •
- The great engagement session with the Reliance employees Leaders at the plant and the Senior Upper Management leadership were provided with your graceful and leadership flair augmenting the awareness on safety, risk awareness, concepts on leadership, sense of ownership and influencing behaviour to take the safety at industry, rather at every step of journey to the next level.
- •
- The concepts on why leadership matters as the cultural transformation in the world of safety has really sensitized the audience and will in fact go further in the time downlines helping at industrial arena.
- •
- Nevertheless your leadership level at ASSP as its Global ambassador with your high impact presentations, have engraved the image of you as the FATHER OF SAFETY in the audience here at RIL as well!.
- •
- It was really worth quality time spent with you together here, though short but have put the strong stamp behind your message on safety..A path forward for o make it a strong pillar for any individual, organization and the community of society at-large for the benefit of mankind and the environment for the future generations.
- •
- We are privileged to get your best gift to us- A kindle book "WHAT WE GIVE.... We make a life by what we give"...which will continually provide us with the light of knowledge and wisdom.
- •
- Will be awaiting for the next opportunity of togetherness.
- •
- Kindest Regards,
- Devdatt P Purohi
- Sr. Gen. Manager, RIL, Dahej



Delhi 2-day Conference 1-day Workshop

#### 2019 India Safety PDC













#### EHSS INDIA 2019

### Addressing Emerging Challenges in EHSS Profes

ASSP EHSS Professional Development Conference February 14th - 15th, 2019 otel Holiday Inn, Delhi Agentify New Delhi, India.

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Regi

Hyderabad Vibrant and Thrilling City Has become a 2<sup>nd</sup> home for me!

#### **ASSP NICMAR Students Chapter Telangana India**

#### GUEST LECTURE BY Mr. JITU PATEL (CPEA)

The ASSP student chapter of NICMAR on 12 February 2019 welcomed Mr. JITU PATEL Certified Professional Auditor for Health and Safety of BOARD OF HSE PROFESSIONAL CERTIFICATION (BEAC), USA. He has done some great work in the field of HSE with 45+ years experience which even rewarded him with "Lifetime Achievement Safety Standout Award" on April 17, 2018. He is also a Global Ambassador for ASSP.

Mr. Patel also known as Father Of Safety addressed the students of PGPHSEM NICMAR and delivered some essentials of health and safety management which acted as a bridge to fill the gaps between students academics and practical knowledge.

He shared his valuable experiences of working in this field and also flourished some key aspects which correlated his achievements in professional life. The session was a very informative one as the students witnessed some great ideas and techniques which enhanced their practical knowledge of how to manage safety in the professional life.

He also shared his vision to encourage professional growth in India that will focus



on the Human and Environmental issues that form the core of ASSP's mission to protect people, property and the environment. He quotes Professional Development is the key to that growth and insisted students to think and act like professionals at the earliest.

Mr. Patel was also accompanied by Mr. N. Prasad who is President of ASSP Telangana Chapter. He is well known for his works in fire safety and shared valuable information on the same with the students.

He discussed that Intelligence and Integrity form an essential component of a professional's life. His experiences truly helped students gain the basics of Fire Safety and management.

## Hyderabad - IASM



### **Seminar at the IASM**



# Delegates



## **IASM Faculty**



Hyderabad Gave a Talk to NICMAR **Faculty & Post-Graduate Students Construction & Civil Engineering Post-Graduate University** 

#### ASSP NICMAR Students Chapter Telangana GUEST LECTURE BY Mr. JITU PATEL (CPEA)

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- He shared his valuable experiences of working in this field and also flourished some key aspects which correlated his achievements in professional life. The session was a very informative one as the students witnessed some great ideas and techniques which enhanced their practical knowledge of how to manage safety in the professional life.
- He also shared his vision to encourage professional growth in India that will focus on the Human and Environmental issues that form the core of ASSP's mission to protect people, property and the environment. He quotes Professional Development is the key to that growth and insisted students to think and act like professionals at the earliest.
- Mr. Patel was also accompanied by Mr. N. Prasad who is President of ASSP Telangana Chapter. He is well known for his works in fire safety and shared valuable information on the same with the students.
- He discussed that Intelligence and Integrity form an essential component of a professional's life. His experiences truly helped students gain the basics of Fire Safety and management.
- The event was successfully organized and monitored under ASSP faculty advisor Prof. R.S. Mammillapalli.
- THANKING YOU



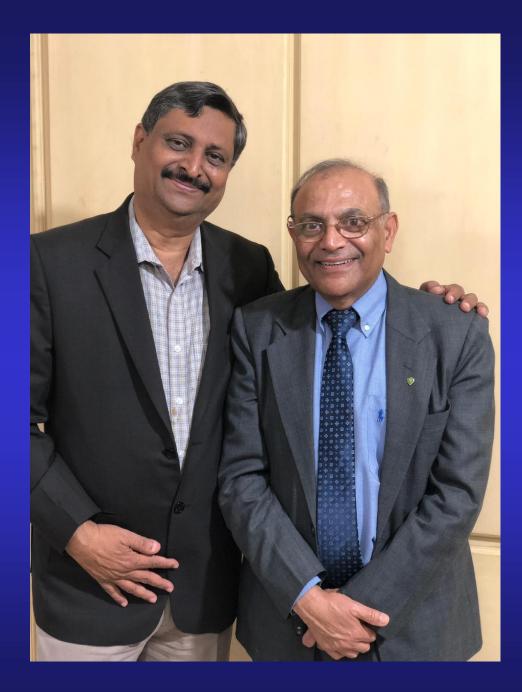


# Hyderabad Basic Elements Solutions

### **Basic Elements – CMD & BoDs**









Namaste Jithubhai Sir,

Please find the Photographs and the Write-up of your Visit to Basic Elements:

On 11<sup>th</sup> February 2019, Basic Elements Solutions was honored and privileged to have been able to host Shri. Jitubhai Patel Ji, Father of Safety at their office premises. After a brief introduction of his many accomplishments by Mr. N Prasad, Director of Basic Elements and President of ASSP – Telangana Chapter, Shri. Jitubhai Patel ji enlightened the Team about the scope and circumference of how one can enter the Safety industry and delve deep to keep innovating and keep finding ways to make the world, Safer and Healthier. Excerpts from his own life story made this interaction an even interesting one, as it helped every single member of Basic Elements understand that energy and enthusiasm are intrinsic and nothing can stop one's motivation if they set their heart towards it.

The evening ended with Shri Jithubhai ji's kind words for the team and two life lessons written down for us:

- 1. If you're nice, the World is nice to you
- 2. Nothing goes unnoticed, if you do it with good intent, and selflessly

Basic Elements remembers this day fondly as a Milestone day, filled with great learning and the warmth of such an endearing and accomplished personality.

Thank you again for the few hours spent at our Office Sir. We hold your suggestions very close to our hearts. *Aditi Nishtala, Synergist* 

Hyderabad TATA Stride







Hyderabad Dr. Reddy's Lab

#### Satish Reddy, Chairman, NSC, India



#### Dr. Reddy at the Expo.



## Dr. Reddy's Labs



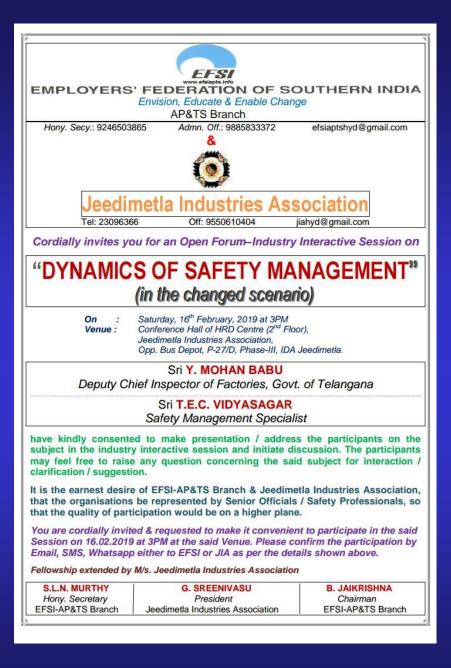
#### Dr. Reddy's Labs



#### Late Nite Dinner @ Dr Reddy's Lab



Hyderabad Jeedimetla



#### **Hyderabad** - Connect IT Solutions



#### **Faculty & Trustees**



### Lamp Lighting at EHS



#### Hyderabad – Pharma 250 EHS Professionals



### **Sample of Success**



Mile stones of ASSE Telangana Chapter:

- 1. Successfully launched the theme "Teen Safety Day" on Inaugural day-20th January 2015
- 2. Over 1000 EHS professions, Aspirants, Students are benefited from training and symposiums
- 3. Launched e-Newsletter, got global recognition-crossed 2000 hits mark
- 4. Introduced 'Life savers program' in the collaboration of Apollo Medskills
- 5. Two successors selected in two categories for "Safety India 2015 Awards" from Telangana chapter

**VISHAKHAPATNAM** Six Events in 1.5 days



## Chaitanya Engg. Univ.



# Chaitanya Engg. Univ.



### **Lovely Scenic City**



#### **Changing Opportunity for HSE Professionals**



# **Changing Opportunity for HSE Professionals**



#### Indian Navy Commander & industry executives



### **Addressed the Rotarians**



# **Driving Safety at Dalmia**



## Maharashtra - Thane

#### **Press Conference**



#### **Mantralaya - Principal Labor Secretary**



### **IAS P/Commisioners**



### **Top Rank Police Officers**



#### Labor Ministry & the Police Dept.



#### **Police Commissioner & Deputy**



#### **PUNE - Sheraton**



#### Dr. Gen, Jt. Sec. and Dignitaries



#### Welcome to Jitubhai



#### Lamp lighting



#### Key Players in Maharashtra











## **Hosts - ASSP Maharastra**



## **Pune Symposium Delegates**



## Halol – Vadodara Go to Schneider High V Folder

Halol – Vadodara Go to Schneider Low V Folder

# Vadodara Launched 5<sup>th</sup> ASSP Gujarat Chapter in India (India, AP, Telangana, Maharashtra)

#### INAUGURATION & LAUNCHING OF THE ASSP GUJARAT CHAPTER

#### Jitu C. Patel, CPEA

Formerly Innospec & Saudi Aramco Fellow of the ASSP ASSP Global Ambassador BCSP Advocate Technical Director – Global Safety Institute, USA

#### VADODARA

February 10, 2019

American Society of Sa

171-1911

#### SP GUJARAT

(ASSP Region IX, Area

Inauguration by: Jitu C Patel, CPEA ASSP Global Ambassador

Vadod











## Vadodara CEAT Tire Corporation – Halol Hosts of 1<sup>st</sup> ASSP G-C Technical Meeting

2ND EHS TRAINING, EHS PANCHMAHAL FORUM

HIGH IMPACT EHS



AMERICAN SOCIETY OF SAFETY PROFESSIONALS PROPOSED GUJARAT CHAPTER

KNOWLEDGE SHARING NETWORKING

THURSDAY FEBRUARY 28, 2019 CEAT LTD, HALOL.

FROM 2:00PM - 4:30PM



JEETU C PATEL,CPEA ASSP GLOBAL AMBASSADOR ASSP FELLOW BCSP ADVOCATE

Director Industrial Safety and Health, Government of Gujarat

CONTACT: UJJWAL SHAH :9714055499, CHIRAG VYAS : 7574802007, HARSHAL MODI:8866114221

Vadodara **Trivedi Associates Industrial Equipment Testing & Approval Company EHS Training & Certification Consultants** 

Vadodara KT Automation Fire Protection





On 19th February 2019, K.T.Automation(India) team had the honor of hosting Mr. Jitendra (Jitubhai) Patel at our headquarters in Vadodara, Gujarat, India. Established in the year 1995,

K.T.Automation(India) has been working towards making India more Safer, Securer & Automated. Shree Jitubhai took a tour of our facility and observed products from a wide range of categories.

Jitubhai imparted his wisdom during the demonstrations and captivated everyone with interactive discussions on the importance of safety in today's world. He talked about a variety of subjects including his past works & current engagements, along with helpful tips on how to perform better in every stage of life.

The importance of changing with time was also clearly understood through his talks. The time spent with Shree Jitubhai Patel was a morale booster for our team and reiterated the need for spreading awareness amongst people for creating a safer environment Thank you Jitubhai for being part of KTA and blessing us!

## Sardar Baug – Laughing Club



Vadodara Sustainable EHS LLP

#### Mr. JITU C PATEL AT SUSTAINABLE EHS LLP

- Mr. Jitu C. Patel (Father of Safety) is a health & safety international consultant with over forty-five years of experience in Safety, Health & Environment field with chemicals, oil & gas corporations. For 21 years, Mr. Patel has provided health & safety professional services to Aramco, the world's largest Oil & Gas producing & processing corporation in Saudi Arabia. He directed a team of Safety Engineers providing safety management support to one of the world's largest refineries, master gas gathering and recovery plants and to their associated multi-million-dollar modernization & expansion projects.
- For Sustainable EHS LLP (SEHS) it is a pleasure moment to have a visit of Mr. Jitu Patel at our office, who is known as the Father of Safety with the highest honor bestowed upon him by the world's oldest and largest professional organization - ASSP. We are very much thankful to him for this BIG honor to spare some time from his busy schedule and spent time with SEHS Team. Mr. Patel was welcomed with flowers by Mr. Utpal Bhavsar and his Team.
- Mr Jitubhai and available SEHS Team together had prayer for everyone's good Life. Mr. Patel had appreciated Mr. Bhavsar for his hard working towards the goals of zero Exposure and boosted the morale of SEHS Team. He has shared his few of the good memories with us. Since our half team is in the field, he assured to visit again to meet entire team.
- We are thankful to Mr. Patel for motivating us and we are always ready to welcome your visit again at our office. We wish for his good health, charming nature and motivating HSE professionals throughout the world.

Sustainable EHS LLP Utpal Bhavsar, CEO & President





# Health Tips Throughout India

### 48<sup>th</sup> National Safety Day

#### Jitu C. Patel, CPEA

Formerly Innospec & Saudi Aramco Fellow of the ASSP ASSP Global Ambassador BCSP Advocate Technical Director – Global Safety Institute

March 04th 2019

### Jitu C. Patel, CPEA

- BS Hons., M.Phil, Ph.D., FInst.F-London, CPEA
- 17 years in UK / Research Scientist -Safe Production & Handling of Products – Fire & Explosion, Toxicity & Environmental issues
- 21 years Aramco (Loss Prevention Specialist)
- Chair Membership ASSP IPS
- Member TPRC/ASSP
- Board Member BEAC
- Founder ASSP Chapters (ME, UAE, Phil. & 5xIndia)
- Howard Hiedeman, President's Diversity & IPS Awards
- ASSP Fellow
- ASSP Global Ambassador
- Technical Director, Global Safety Institute

## Health Tips Hershey Cancer Research Institute

Very much appreciated all over! Thanks to Prof. Dr. Shantubhai Amin & his Team

#### Leading Causes of Death in USA





3-Stroke

4-Chronic Obstructive Pulmonary Disease

**5**-Accidents

6-Pneumonia and Flu

7-Diabetes

#### 8-HIV

9-Suicide (32,000)

**10-Liver Disease** 

11. Natural Phenomena/External Influences

#### **Cancer facts**

## In 2018, estimated 1,735,350 new cancer cases diagnosed and 609,640 cancer deaths in USA

#### **Estimated New Cases**

			Males
Prostate	164,690	19%	
Lung & bronchus	121,680	14%	4
Colon & rectum	75,610	9%	
Urinary bladder	62,380	7%	
Melanoma of the skin	55,150	6%	
Kidney & renal pelvis	42,680	5%	
Non-Hodgkin lymphoma	41,730	5%	
Oral cavity & pharynx	37,160	4%	
Leukemia	35,030	4%	
Liver & intrahepatic bile duct	30,610	4%	
All Sites	856,370	100%	2

#### Females

Breast	266,120	30%
Lung & bronchus	112,350	13%
Colon & rectum	64,640	7%
Uterine corpus	63,230	7%
Thyroid	40,900	5%
Melanoma of the skin	36,120	4%
Non-Hodgkin lymphoma	32,950	4%
Pancreas	26,240	3%
Leukemia	25,270	3%
Kidney & renal pelvis	22,660	3%
All Sites	878,980	100%

### **Selenium and Cancer**

- Selenium is an essential micronutrient
- Patients with cancers colon, breast, ovary, pancreas, the head and neck and melanoma, show lower selenium compared with healthy ones.
  - Risks are higher for cancer with lower selenium in blood.
    - Selenium levels fall as people age.
- Selenium enriched vegetables and grains are better chemo-preventive

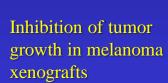
 Hershey is developing organo-selenium compounds as potential anticancer agents

#### **Examples of Dr. Amin's Research Contributions**

First synthesis and identification of ISC-4 as potent melanoma and colon cancer therapeutic (10 publications, 6 grants, 2 patents)

Designed based on naturally occurring isothiocyanates





Inhibition of tumor growth in colon cancer xenografts in combination with clinically used cetuximab







#### For Cancer Prevention



- Sulforaphane (SFN) is a natural product found in <u>broccoli</u> and other <u>green vegetables</u>.
- Hershey lab designed Selenium analog of SFN is ~20-30 times more effective in reducing cancer of <u>colon, prostate, skin, pancreas,</u> <u>and lung</u>.

# **Cancer Statistics**

#### **Bad News:**

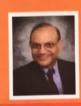
- 440 per 100,000 new cancer cases
- 165 per 100,000 deaths due to cancer

#### **Good News:**

• Thx to Hershey and some others : Death Rate dropped by 25% in the US



By Jitu Patel



"I walked barefoot to school over dirt, rocks, and even tarmac roads in temperatures so hot that the tar would melt to the soles of my feet. My school was held under a Tamarind tree. There were no four walls, no roof. That is the life I came from. But passion is powerful, and we make a life by what we give. These are the kind of stories I would be happy to tell you."

Jitendra Patel (Jitu) is known as "The Father of Safety", a pioneering founder of modern health and safety practices. He is an international occupational safety engineer and has conducted extensive and groundbreaking research in fire safety, chemical safety, explosions, health, and environment protection.





#### **Amazon Review By Elizabeth Carroll**

#### 5.0 out of 5 stars Wonderful life story

- February 6, 2019
- Format: PaperbackVerified Purchase
- Jitu's life is a powerful message of how to give your life to the service of others. His wonderful background and interesting stories have left a legacy for his family and his friends. Thank you Jitu for getting this book out to read and be inspired!

<u>Helpful</u>

Comment Domost alorgo

## Dr. Chintan K Patel

Hi Jitufua,

5.0 out of 5 stars

Inspirational Amazing stories

Thank you as always for your kind works and support globally! Also, I had pleasure of reading your book while traveling back from a business trip from Seattle yesterday. It was very delightful and of course excellent wisdom to pass on to our children and others. I hope we will meet again one day so you can sign it! All the best, Chintan

## Amazon Review By 'ash'

#### 5.0 out of 5 stars

#### **Learnings from life long experiences**

- February 16, 2019
- Format: Paperback

What we give, a Memoir, a true story of Father of Safety, Jitu Patel. It narrates the whole circumstances of he becoming a safety professional in his career, how he made positive contributions to the industry, community etc around the World. This book is a MUST read for all youngsters, SH&E professionals and who ever wants to make a positive difference in their life and the community around.....

Helpful

## Amazon Review - Nisha Patel 5.0 out of 5 stars

# <u>A true lesson in living our lives by what we give.</u>

March 16, 2019 Format: Paperback**Verified Purchase** 

These are my father's experiences shared with the world. As his daughter, I feel so proud that he is known as a Father of Safety globally as he cares more for others than himself. He goes to any extent to help, educate and motivate where he is needed the most. His stories are humorous, sensational, emotional and above all highly inspirational to all ages and genders, from all walks of life. His legacy of making this world a safer place is something that I, my children, and future generations can learn from to help promote global safety and by truly making this life by what we give.

### Helpful

#### <u>Amazon Review - Utpal Bhavsar, CIH, CSP</u> <u>CEO, Sustainable EHS LLP & President, ASSP</u> <u>Gujarat Chapter</u>

#### 5.0 out of 5 stars

# Must read book by everyone especially HSE professionals

8 February 2019 Format: Kindle EditionVerified Purchase

I have been in contact with Jitubhai since 2015. That time I was impressed by his energy at his age and positive energy giving to other professionals. This book is truly giving light to life path with so many obstacles and challenges. Thanks Jitubhai to be sharing your life with us.

Read more

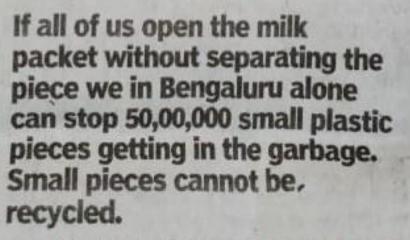
Helpful

#### Humble request

By the next 10 years, Earth will become 4 degrees hotter than its now. Himalayan glaciers are melting at a rapid rate, so all of us lend our hand to fight global warming. Plant more trees, don't waste water. Don't use or burn plastics. Pl don't delete message without forwarding atleast one....or lakh people. Because one can't fight against the global warming.

:Green Foundation





- TEJASWINI ANANTHKUMAR CHAIRPERSON ADAMYA CHETANA

## **Trip to Bahrain**

**2-day WS:** Conducting Effective Health, Safety, Fire & Explosion Inspections and Audits

**3-day PDC** - Professional Development Conference

Nite-out in Bahrain. Click below:



Under the Patronage of His Excellency GENERAL SHAIKH RASHID BIN ABDULLAH AL KHALIFA Minister of Interior, Kingdom of Bahrain

### Certificate of Appreciation

is presented to

#### JITU PATEL

for participating as a speaker during the **13<sup>th</sup> Professional Development Conference and Exhibition** Kingdom of Bahrain, January 29-31, 2019

Ali M. Ghobari (Conference Director)

# **Trip to Dubai**

- Story about the Cell Phone left in taxi/Amazing Dubai
- Birla Institute
- India Business Forum
- Sanbooke

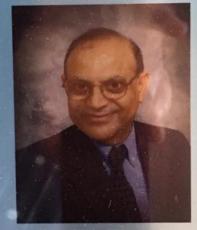












#### Mr. Jitu C. Patel An International HSE Consultant



Venue Utsav Hall, India Club, Oud Metha, Dubai

## You might wonder - Key words

- Clean India Swachha Bharat Abhiyan (Delhi)
- Hygiene RO
- Booming Economy
- Industrial Growth
- Infra Structure Roads and more
- Road Traffic Safety Camera's
- Modi on Occupational Health & Safety
- New Generation #1 Patriotic humble & honest
- Law & Order Enforcement at all levels
- Frauds & Scandals
- Aadhar Card for residence
- Corruption Bhrastachar
- Black Money
- Air Traffic on-time, Workers & Farmers and more....

Long way to go but noticeable difference is apparent - all around. It is doable and will prevail, if the current trend continues with effective and proven successful leadership that works by setting an example as role-model!

## BLESSINGS FROM ISAA Grateful for all the Positive Energy Thank you!

